



Jill Newman Henry

Experience

2022

Author • Well-Being • Llewellyn Worldwide

2021–Present

EBI • Energy Body Integrations • Resources for Well Being

2004–2016

Author • Energy SourceBook • Llewellyn Worldwide

1998–Present

Owner • CEO • Mountain Valley Center and the Otto Labyrinth Park

1988–1994

Owner • CEO • The Relaxation Station, Augusta, GA

1978–1988

Associate Professor • Physical Therapy • Medical College of Georgia

1972–2020

Physical Therapist • hospital, outpatient, home care, nursing facility, rehabilitation • Miami, FL, Augusta, GA, Rabun County, GA

Education

University of Georgia, Athens, GA

- EdD in Adult Education with research in Development and Learning for Transformation

The Ohio State University, Columbus, Ohio

- B.S. in Physical Therapy

Mission

My mission is to Explore, Facilitate and Advance Well-Being. That has taken me from a career in physical therapy to a career in metaphysical therapies and energy work. As a second career I certify Facilitators of Adult Learning at CFAL.com. I live in the Smoky Mountains and operate Mountain Valley Center.com, a metaphysical store and The Otto Labyrinth Park in Otto, NC. The Park, with its forest, ponds, and streams and programs serves as a sanctuary and respite for groups and individuals of all ages who need to rest and renew from today's chaotic world.



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Trained in: Physical Therapy, Polarity Therapy, Metaphysics, Meditation, Chi Gong, Hypnosis, Past Life Regression, Energy Medicine, Educational Design and Format, Critical Thinking and Problem-Solving Adult Learning.

Services: Energy Body Integrations – EBI, Distant Healing, Polarity Therapy, Oracle readings, Past Life Regression, Meditation, Chakra Instruction, and workshops in Metaphysics.